#### A Yintegrity Special eBooklet

## Love, Trust And Attraction Dust

## "Magic" Techniques To Make Your Man Effortlessly Attracted To You – That You Can Use Immediately To Inspire His Love

You know all of the signs.

He's distant.

He doesn't open up and express himself to you.

You don't really know what he's thinking because he's not communicating with you.

He closes down or snaps at you when you ask him to share what he's feeling.

He goes back and forth between being nice and sweet to you and then cold, aloof and even angry or frustrated.

He doesn't seem to call you or text you as often as you'd like, and when he does it seems cold.

He just seems wavering and you can't tell FOR SURE that he <u>really</u> is in love with you.

## In fact, sometimes he doesn't come off as someone who's in love with you!

Which brings a multitude of questions to your mind.

- "Does he like/love me?"
- "Does he want to spend time with me?"
- "Does he appreciate me?"
- "Is he ATTRACTED to me?"
- "Does he see a future with me?"

And on and on....

The fact is that you know something is wrong.

You can feel it like a thorn in your mind.

I know that being in that situation is really tough.

In fact, I've been that guy in the past.

I've been the guy that a woman has her heart set on who then became distant, aloof, frustrated and then pulled away.

I'm not "proud" of that fact, but it has given me a unique opportunity to let women in on the male's perspective on what's really going on in a man's head when it comes to women and what men really want when this is happening.

For the last almost 10 years I've been coaching thousands of women around the world to success with getting a man to commit, communicate and truly fall in love.

And if you'd allow me, I'd like to now help you too.

I'm about to share with you two powerful "secrets" I've learned over the years to reverse a situation where a man is turning cold, doesn't seem interested in you and it seems like he's just not interested anymore.

These two powerful secrets can help you to start turning the tables if you're in a situation where you want a man to experience more love and attraction for you.

But you absolutely must take responsibility for making it happen.

## A passive, "victim" mentality where you simply hope that he will change or fix things will not fly.

When it comes to getting what you really want in love, you <u>must</u> take responsibility for your own happiness and not leave it up to a man to decide.

You must be proactive with your own love life if you want happiness.

## Understanding "Attraction"

Attraction is not really rocket science.

It's not!

A lot of so called "relationship experts" out there make it out to be, but it's really not.

### I can't really explain to you why society has decided to think that relationships must be difficult!

According to society, relationships are very difficult and you need all sorts of experts and therapists to help you.

But attraction has little to do with what society, experts and most people seem to believe.

Most are raised to believe that things like weight, bone structure, status or career etc are the main determinants to male attraction.

Most women stop right there at attraction, because they truly believe that attracting a man has little more to do with than their looks.

But...

If you've ever run into problems with men after the initial physical

#### attraction, you know how untrue this actually is.

So what is attraction really about?

Attraction is about who you are as energy.

It has anything and everything to do with the meeting of two opposite energies.

It is all about "inner" game, not outer game.

## And It All Starts From Within You

This is what "polarity" is.

In other words, the more "yin" or feminine you are, and the more "yang" or masculine he is, the more attraction there will be.

The more yin you become, the more attractive you will become to men... AND the more you will evoke his masculinity.

There are a lot of so-called "experts" out there who talk about femininity, but I'm not so sure they actually know what they are talking about!

Now, becoming more feminine is not really a problem for most of my "advanced" followers who use my tips and advice, because most women are in fact very feminine in their core.

So bringing femininity to the surface just takes a little focus.

A more masculine, hard-edged, domineering woman simply needs to be snapped out of her denial and reminded how amazing it feels to be in tune with her natural energy, instead of constantly fighting against it.

## The "Problem" With Femininity

So just be more feminine right?

Problem solved, right?

Well, not so much.

## The real question is about all of the *challenges* that being more feminine brings.

This is something I don't see many talking about.

With becoming more feminine comes becoming more unstable.

It's not entirely wrong for this to happen.

Why?

Femininity is about instability and uncertainty.

#### Actually we should say femininity is about mystery and wonder.

The more feminine you are, the more unpredictable you can become.

But because of the "baggage" that many women accumulate inside from past traumas, social conditioning, and wrong ideas about men and love taught to them by parents, society and the so called "love gurus" of the world, the mystery and wonder of their feminine energy mutates into instability, insecurity and uncertainty.

# Most Women Today Are Scared Shitless Of Ending Up Alone

So this is the real question:

How do we heal the negative characteristics of yin femininity (insecurity) and change it into positive yin femininity (wonder and mystery)?

If we can answer this question, you will effectively take the first step to becoming effortlessly attractive to men.

#### Attraction Secret #1:

## Releasing the <u>Pressure</u> Off Of Yourself To "Make" Him Love You

What many women do in a situation where they're not getting enough love and affection is they get tense, worried and think they have to DO something rather than nothing.

- They "have to" get him to open up
- They "have to" get him to love her
- · They "have to" get him to show interest
- They "have to" get him to give attention

... And it needs to happen "now" or else he will lose interest...

Many women feel this PRESSURE to do something before it's "too late".

Now, while there ARE specific things that MUST happen to turn a negative situation with a man around (if you have joined my free advice eLetter, we'll talk about that later), worrying, getting scared and rushing an outcome is not one of them.

Many women get sucked into the attitude that if they don't do something FAST that he's going to be gone forever.

This attitude of tension, worry and fear usually only brings about the END of a relationship with a man. There's a difference between urgency and letting your anxiety crush you.

What needs to happen is a shift in focus from rushing something to thinking about what he needs from you.

## Here's A Big Secret

And it's so simple that most women will look right over it.

The truth is that most men are more attracted to women who are more RELAXED... especially when things are rough.

When you let FEAR control your actions with men, 9/10 men are going to become distant, aloof, withdrawn and act like they don't love you.

The trick is learning HOW to keep your cool under pressure.

Under the pressure of him...

- Not showing affection for you
- Not listening to you
- Not seeming to care about you
- Not communicating his feelings to you
- Getting frustrated/angry with you

There is no rocket science behind this.

It is <u>internal</u> and it's all about what energies are happening within you.

This is what men are either responding to or not responding to.

Men are simply more interested and attracted to women who are more emotionally centered.

But where many women have a problem is keeping their cool when things are not going their way.

#### **Attraction Secret #2:**

## Letting Go Of "Expectations" That Bring Sadness When Not Met

We want to feel loved, secure and get what we want in a relationship.

These are natural human needs we all have.

Many women crave things like attention, affection, romance and spontaneity from a man they are with.

What happens when instead he's distant, cold, doesn't show desire or interest... and even worse when he starts going "hot and cold" between love and distance... is that women start WORRYING and OBSESSING.

We all know that most women today are worrywarts!

## Many women start thinking that if things are not going according to their expectations, that things are only going to get worse.

Here's the problem.

Many women <u>fixate</u> on how their needs are not being met.

Now while it IS important to have your needs met by your man, it can cause <u>all sorts of problems</u> if you fixate on your needs not being met.

The problem is this is a NEGATIVE way of looking at your situation.

## And when interacting with men, it is very important that you develop a positive mentality and self-belief.

Life is all about what you choose to focus on in the 24 hours that existence gives you in a day.

So what do you focus on?

Instead, try changing your focus to desiring to meet his needs rather than worrying that you're not getting what you want from him.

The simple fact is that if you're worried that he's not interested, it's because <u>deep inside you know that you may not be fulfilling</u> his needs.

This will bring an IMMEDIATE shift in your relationship.

This will also help get you into the right mindset of what it truly

means to be in a relationship.

## When we start focusing too much on what WE want from a relationship, we are missing the point of love.

Love is a vast topic, but one thing I've learn over the last decade is that love dies when we forget about giving.

When we focus too much on what we want, and how our needs are being met, we begin to become stressed, worried, angry... and love can't exist in that environment.

Love needs relaxation, giving, compassion and understanding.

## Most men would LOVE to be in a situation where his girlfriend does not get upset when her expectations are not met.

There is no "right" way to have a relationship.

If there were then we wouldn't see the 54% divorce rate that we currently see.

But, there is a way that works.

And there is a way you can avoid the problems that plague most women in relationships today and get the love, attention, affection, romance and happiness that you deserve in life.

## So There You Have It...

Two of the best ways I've personally seen to start bringing in more love, attention and affection from men.

Now it's time for you to take these techniques and start making them work for you.

## Start Now!

Don't wait to use what you have learned today.

Take what you have learned and start applying it to the situation you're in right now, whether you're single or have been with a guy for 10 years, and soon you'll find men magnetically drawn to you and they won't really even understand why... but you will.

And if you're interested in getting the ultimate training for success with men and relationships, I might have the ticket to success with men you've been looking for.

Thank you for your time and for reading this eBooklet, and I'll talk to you again soon.

Namaste.

Brandon

p.s. If you'd like to get more free tips and advice from me, make sure you're on my free eLetter list. Just go to <u>Yintegrity.com</u> to join and I'll talk to you soon.